



CHOI TIME

superior chinese tea

茶

chrysanthemum tea



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product description
Chrysanthemum tea is one of China's most favoured herbal loose teas and Choi Time's Chrysanthemum tea is a wonderful brew. Refreshing with a natural sweet taste, it's very close to the flavour and scent of Chamomile herbal teas.


brewing instructions
Boil the water and let it cool to between 90 and 95 degrees, then drop 2-5 flowers into your mug or glass. You can add a little bit of rock sugar if you wish to sweeten it slightly. You'll get at least 3-5 infusions from this brew, just add hot water.

unique properties
Chrysanthemum tea has many purported medicinal uses including an aid in recovery from influenza. It is also well-known for its cooling properties that help to decrease body heat and is recommended for those with fever, sore throat, sinus congestion and other heat-related illnesses. The ideal brew for winter.

Chrysanthemum tea also detoxifies the blood and can also calm the nerves.

caffeine content: Zero.

In the Chinese tradition, to wish a guest a long life, dried chrysanthemum blossoms are floated in the cup of tea



茶 make every tea time choi time
www.choitime.com
email info@choitime.com
tel/fax +44 (0)845 053 3269

